

# Are You Coaching Character?

This assessment will help you look at the three vital stages to see how deep your coaching character measures up? What Stage are you in?

## Stage 1: What Must Be ESTABLISHED:

***Believe in the **IMPORTANCE** of Character.***

- Y or N** - I understand the role that strong character plays in achieving success in competition, classroom and community. It is on my Radar.
- Y or N** - The I reason I coach is to influence the lives entrusted to me beyond the game.
- Y or N** - I believe it is my responsibility to educate character and make it a significant part of my program.
- Y or N** - I have a "defined" list of Character Qualities (CQs) I want my player to learn, share and demonstrate each year.
- Y or N** - I introduce that CQ List to everyone in my program and sign a pledge, contract, etc

## Stage 2: What Has To Be PREPARED:

***Begin to be **INTENTIONAL** to Develop Character.***

- Y or N** - There are posters and hang-ups promoting the character qualities in key areas.
- Y or N** - I have scheduled a time each week to share the character *Theme of the Week*.
- Y or N** - I have put the CQ in scouting reports, practice plans, handbook to emphasis it daily.
- Y or N** - I review the CQ consistently at meetings, practices, games, etc
- Y or N** - I am establishing a character culture in my program and responding to the stuff that really matters.

## Stage 3: What Needs To Be IMPLEMENTED:

***Become **INTEGRATED** in Coaching Character.***

- Y or N** - I am learning to articulate the change needed in character to improve skills I coach every day.
- Y or N** - I am combining and reinforcing CQs in drills to develop the skill of the player and the life of the person, at the same time.
- Y or N** - I recognize and reward players for demonstrating the character qualities
- Y or N** - My character game plan is no longer a "time issue", but a mindset and priority that is being woven into the very fabric of my entire program.
- Y or N** - I have found my own character growing along with my players in this process.

When it comes to coaching character, now is the time to believe in its significance, have a Game Plan to develop it and combine it with your coaching on a daily basis. We can help you make that happen. You and your team will never be the same!

**Become a Character Matters Team!**

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